



Akādemi

Plastic Drastic Fantastic

Workshops

Family workshops

Explore the fascinating properties of plastic through movement-based play and experiment with unconventional ways to upcycle. Learn Mudra, expressive hand gestures used in classical South Asian dance forms, to tell a story and co-create a unique dance sequence. Get seriously creative together in a fun, interactive experience for the whole family. For all ages and abilities.

School workshops

The workshops are aimed at KS2 pupils to creatively explore the use of plastic in our lives.

The fun, engaging and energetic workshops will encourage pupils to be creative through movement, storytelling and visual art, using their ideas and knowledge about plastics, recycling, the effect on the oceans and environments in a way that is accessible and meaningful to this age group. Together we will explore the damage plastics do through misuse and listen to what children already know and feel about plastics, their use and wider effects – from the ‘good’ (Lego) to the ‘bad’ (harming marine life in our oceans).

We aim for the workshops to be cross curricular, bringing together science, art and dance and will leave schools with workplans and material in our school's resource pack to develop the themes further if they so wish. Movement activities in the workshops will be inspired by the South Asian form of Bharatanatyam and we will also introduce the beauty of plastic, at molecular level, in the visual art element.

Workshops for people with SEND (45-60 minutes)

A fun, accessible workshop exclusively for people with SEND. Our specialist facilitators have extensive experience of working with children, young people and adults with disabilities. Bringing together the unique movement vocabulary of South Asian dance with the ideas and themes of sustainability and plastic, participants will be encouraged to explore their creativity and develop their imaginations through movement-based play in a safe, supported environment. For all ages and abilities.