



AKADEMI PRESENTS

# TEA DANCE & WORKSHOPS



Kentish Town Community Centre  
17 Busby Place, Kentish Town,  
London NW5 2SP



## Workshops

15th, 22nd & 29th April  
6th & 13th May  
3.00pm - 6.00pm

Tea Dance workshops, designed especially for adults with moderate dementia and their carers.

The workshops are designed to provide an uplifting and positive activity and an opportunity to try out gentle movement and a social experience for older adults, along with a cup of tea.

Dance and sing along to much loved songs from Hollywood movies, musicals, jazz favourites and classic tunes from the 1940s, 1950s, and 1960s.

Tea Dance  
1st April  
3.00pm - 6.00pm

Join us, with friends and carers, for this lovely relaxed event of tea, cake and dancing. You will find lots of people to dance with and to work with you and your carers to help you enjoy and participate in the dancing in the lovely surroundings of the accessible Kentish Town Community Centre.

Professional dancers will be performing ballroom and Latin show dances, so come and enjoy waltzes, cha cha chas!





London Borough of Camden has set up a new way to offer day opportunities to people living with moderate dementia.



The **Dementia Day Opportunities** are more tailored to individual needs and preferences. People will be able to choose an activity they like from an approved list of providers, who offer small based activities in addition to traditional day centres and clubs.

The service is set up to support those who have been living with dementia for some time and who need extra assistance to meet their needs and outcomes. For example, people who are better supported in smaller groups or who have communication difficulties.

The service is available to all (there are charges). Those who are eligible for care following an assessment by Adult Social Care or Services for Ageing & Mental Health can access the service as part of their support plan.

Camden and Akademi would like to invite you to our regular workshops, taking place on 15th, 22nd & 29th April and 6th & 13th May 2014, 3.00pm - 6.00pm. Each workshop costs £50 per person (carers go free). You may get this paid for through your personal budget.

Also join us with a family member, friend or carer on 1st April 2014, 3.00pm - 6.00pm for tea, cakes and dancing at our Tea Dance. The Tea Dance costs £50 per person (carers go free). You may get this paid for through your personal budget.

*~ We look forward to seeing you ~*

To book, please contact your  
Social Worker/Care Co-ordinator  
or Marijke Post on:  
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marijke.post@camden.gov.uk

For more information contact  
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